

Special Olympics Maryland Area Memo

December 6, 2019

**Special
Olympics
Maryland**



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Welcome

Welcome to the 12/6/2019 edition of the SOMD Area Memo! **This is the last Area memo of 2019!**

If there are any members of your Area’s leadership who are not currently receiving the Area Memo, please send their names and email address to jabel@somd.org to have them included in future distributions. While Danielle is on Maternity Leave, Jeff will be responsible for distributing the Area Memo, so please contact him directly if you have any questions.

(NEW) Winter Holiday Leave Schedule

Between 12/16 and 1/3, some SOMD Program Staff members will be taking leave to enjoy the holidays! Please use the grid below to see if a staff member you need to contact is available or on leave. If a staff member is on personal leave, please consider contacting Jeff (jabel@somd.org) instead.

Staff Member	Leave Begins On	Returns to HQ On	Notes
Jeff Abel	<i>No leave scheduled</i>		Will be in until 1:00 pm on 12/24 and 12/31
Melissa Anger	12/16/19	1/6/2020	
Steve Bennett	12/19/19	1/6/2020	
Sam Boyd	12/23/19	1/6/2020	
Zach Cintron	12/19/19	1/6/2020	
Pat Cullinan	<i>No leave scheduled</i>		
Mike Czarnowsky	12/19/19	01/06/2020	
Ron Freeman	12/25/2019	1/2/2020	
Mackenzie Irvin	12/23/2019	1/6/2020	Days in green will be working remotely
Ryan Kelchner	12/23/2019	1/6/2020	
Melissa Kelly	12/24/2019	12/30/2020	
Tyler Martin	12/24/19	1/6/2020	

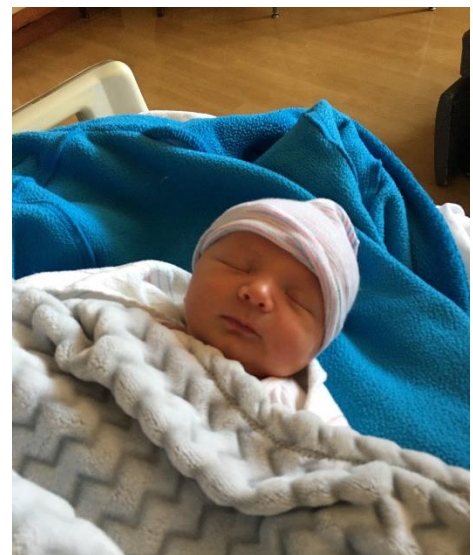
Mike Myers	12/25/2019	1/2/2020	
Angela Nadeau	12/30/2019	1/3/2020	
Dottie Rush	12/20/19	1/6/2020	
Danielle Weddle	11/21/2019	Mid-Feb	<i>On Family Leave</i>

Staff Member	Mon 12/16	Tue 12/17	Wed 12/18	Thu 12/19	Fri 12/20	Mon 12/23	Tue 12/24	Wed 12/25	Thu 12/26	Fri 12/27	Mon 12/30	Tue 12/31	Wed 1/1	Thu 1/2	Fri 1/3
Jeff A.	Green	Green	Green	Green	Green	Green	Until 1:00P	Grey	Green	Green	Green	Until 1:00P	Grey	Green	Green
Melissa A.	Red	Red	Red	Red	Red	Red	Grey	Grey	Red	Red	Red	Grey	Grey	Red	Red
Steve B.	Green	Green	Green	Red	Red	Red	Grey	Grey	Red	Red	Red	Grey	Grey	Red	Red
Sam B.	Green	Green	Green	Green	Green	Red	Grey	Grey	Red	Red	Red	Grey	Grey	Red	Red
Zach C.	Green	Green	Green	Red	Red	Red	Grey	Grey	Red	Red	Red	Grey	Grey	Red	Red
Pat C.	Green	Green	Green	Green	Green	Green	Grey	Grey	Green	Green	Green	Grey	Grey	Green	Green
Mike Cz.	Green	Green	Green	Red	Red	Red	Grey	Grey	Red	Red	Red	Grey	Grey	Red	Red
Ron F.	Green	Green	Green	Red	Green	Green	Grey	Grey	Red	Red	Red	Grey	Grey	Green	Green
Mackenzie	Green	Green	Green	Green	Green	Red	Grey	Grey	Red	Green	Red	Grey	Grey	Red	Red
Ryan K.	Green	Green	Green	Green	Green	Red	Grey	Grey	Red	Red	Red	Grey	Grey	Red	Red
Melissa K.	Green	Green	Green	Green	Green	Green	Grey	Grey	Red	Red	Green	Grey	Grey	Green	Green
Tyler M.	Green	Green	Green	Green	Green	Green	Grey	Grey	Red	Red	Red	Grey	Grey	Red	Red
Mike M.	Green	Green	Green	Green	Green	Green	Grey	Grey	Red	Red	Red	Grey	Grey	Green	Green
Angela N.	Green	Green	Green	Green	Green	Green	Grey	Grey	Green	Green	Red	Grey	Grey	Red	Green
Dottie R.	Green	Green	Green	Green	Red	Red	Grey	Grey	Red	Red	Red	Grey	Grey	Red	Red
Danielle	Red	Red	Red	Red	Red	Red	Grey	Grey	Red	Red	Red	Grey	Grey	Red	Red

Red	Person on leave this day (i.e., not available)
Green	Person working on this date (i.e., available)
Grey	SOMD HQ offices closed on this date (i.e., not available)

(NEW) Welcome, Luke Weddle!

On 11/22, Luke Weddle arrived! Danielle and Rich are both very tired but doing well. They asked me to pass along their thanks for the well-wishes they have been receiving!



(NEW) Credit Card Reminders

As we get used to the new credit card system, I just wanted to send a reminder that any individual purchase of \$1000.00 or more need to be approved in advance by Jeff or your appropriate Region Director. This is outlined in the SOMD Credit Card Policy that is distributed annually.

(NEW) SkateFest for Special Olympics Maryland

Join us at the Inner Harbor Ice Rink for a special night benefitting Special Olympics Maryland's Figure Skating Team!

Pay just \$10.00 admission, including skate rental, and enjoy skating with "Beary White," special treats, and more!

A portion of the proceeds and all donations collected on site from the event will be donated to Special Olympics of Maryland's Figure Skating Team.

More information can be found at: <https://www.facebook.com/events/478928172715995/>.

(NEW) College Basketball Clinics and Games

- **Univ. of Maryland Terps Clinic**
 - o Tuesday, December 31, 2019
 - o 3v3 Traditional & Up **ONLY** (3v3 Traditional, 5v5 PDU, 5v5 Traditional & 5v5 Unified)
 - o Athletes Only- No partners can participate
 - o MUST be 15 and older to participate
 - o Registration Link- <https://www.surveymonkey.com/r/TerpsBB2020>
 - Registration Closes on Friday, December 13, 2019
- **Towson University**
 - o Sunday, January 11th
 - o Participate in Pre-Game
 - o Play Game at Conclusion of Towson's Game
 - o Looking for two 5v5 Teams (similar ability level)- Unified or Traditional
- **Towson University**
 - o Sunday, January 26th
 - o Participate in Pre-Game
 - o Play Game at Conclusion of Towson's Game
 - o Looking for two 5v5 Teams (similar ability level)- Unified or Traditional

For more information, email Melissa Anger (manger@somd.org)

(NEW) Congratulations St. Mary's County on the St. Mary's Splash!

Congrats to the St. Mary's County Team for what is shaping up to be a very successful St. Mary's Splash! Their Splash Leadership team has grown the event to surpass their \$15,000 and currently have raised \$16,400!

SOMD Sports Committee Approves New SOMD-Specific Rules Changes for BB, BO and BC

The Sports Committee of the SOMD Board of Directors met on Thursday evening, November 14 with the following outcomes to be discussed in greater depth at the November 16 Area Leader Meeting:

- Item 1 – Determine 2020 Sports Committee Meeting Schedule.
 - Action/Decision: Schedule established as follows: March 3, May 5, August 4, November 3
- Item 2 – Address Rule Change Requests Submitted by Sports Management Teams
 - Action/Decision: Approved 4 submissions as follows:
 - Basketball: Amended and approved recommendation to allow athletes who use assistive devices for mobility to participate on 3v3 Player Development Unified Teams
 - Bowling: Approved recommendation to allow athletes to wear noise cancelling headphones after provided documented medical need in advance
 - Bocce: Approved recommendations to (1) clarify penalties for violation of prohibition of coaching during a match and (2) allowing athletes to deliver a ball with one foot within the court and one foot outside the court (i.e., straddling the sideboard)
- Item 3 – Discussions on items to be addressed by SMTs; initial input from Area Leaders on 11/16/2019:
 - Potential Season Changes for Flag Football and Softball
 - Inclusion of Transgender and Gender-Diverse Participants per SOI Guidelines
 - Sports Comm. Membership (replacement, length of term, addit. members from Areas)
 - USA Games – How To Include All SOMD Athletes in Selection Process (incl IUS)
 - Locally popular sports and Sports not offered within SOMD

Brave in the Attempt

The First Lady of Maryland, Maryland Department of Disabilities, and the Developmental Disabilities Administration and Special Olympics Maryland Athlete Leadership program are proud to present the 4th Annual Brave in the Attempt Talks on Tuesday June 2nd, 2020.

Are you a Marylander with an intellectual disability? Do you know a Marylander with an intellectual disability? We're seeking speakers to share their experiences and perspectives surrounding this year's theme of "VISION"

You will present a short 5 minute speech to an audience about what "VISION" means to you. Is it your VISION of the future? Is looking back in order to move forward? Is it wishing you were able to see something clearer in your past? Tell us what VISION means to you.

There will be 5 practices to help you develop your idea and write your speech. These practices will start in January 2020.

If you are interested please go to www.BITAtalks.com for more details or email me at jschriml@somd.org

Athlete LeaderSHIP Carnival Cruise October 2020

ALL ABOARD!!

In partnership with Carnival Cruise Lines we have created an exciting opportunity for athlete leaders.

WHAT: Special Olympics Maryland Carnival Cruise and Athlete LeaderSHIP Training.

WHEN: Sunday October 25th-Sunday October 31st, 2020

WHERE: Leave from Baltimore Cruise Harbor
Ports of Call include Grand Turk, Princess Cays, and Freeport

HOW: Please check attached brochure for more information on how to sign up.
When you sign up please indicate "Athlete LeaderSHIP" on your form or email so you will be eligible for a discount on the cruise price listed on the brochure.

COST: All costs for the cruise and shore excursions are the responsibility of the athlete, family and chaperone.

All training costs and materials will be responsibility of SOMD.

CHAPERONES: Athletes must be accompanied by a chaperone. Additional family members may attend but are not eligible for the discount.

Tentative Schedule

October 25th, 2020	5pm	Leave Baltimore
October 26th, 2020	9a-noon Class 2pm-5pm Class	Fun Day at Sea
October 27th, 2020	9a-noon Class 2pm-5pm Class	Fun Day at Sea
October 28th, 2020	7am-2pm	Grand Turk
October 29th, 2020	9:30am-3pm	Princess Cays
October 30th, 2020	7am-1:30p	Freeport
October 31 st , 2020	8am	Arrive Baltimore

Courses offered: (Very Tentative and subject to change)

Photography-Conducted by Carnival Staff

Videography-Conducted by Carnival Staff

Leadership-Conducted by Carnival Staff

Social Media-Conducted by Carnival Staff

Media Training-Conducted by SOMD Staff

*Beginner Global Messenger only if athletes have not already taken this course.

We will also be offering an opportunity for 6 athletes to present TED style talks during the cruise. This event will be open to the public.

Other Events on the cruise:

Tour of boat by Captain or his/her designee.

Polar Bear Plunge during cruise.

Ice Cream Social.

All activities normally offered by cruise including entertainment shows, group activities, etc.

Other.

Discounted Medicals at MinuteClinic

Thanks to a new partnership between SOI and Minute Clinic, Special Olympics athletes are now entitled to sports physicals at a reduced rate of \$49.00. Any US Special Olympics Athlete, or prospective athlete who needs to complete a physical can present the attached voucher at any of the 1,100+ MinuteClinics in CVS or Target stores between now and July 31, 2020.

[See list of participating locations here](#) or on the [CVS MinuteClinic](#) and [Target MinuteClinic](#) websites. **No insurance or appointment is needed but [please bring the SOMD Athlete Medical Form with you.](#)**

Please note this is not an endorsement for MinuteClinic or their services from SOMD nor SOI; it is simply one more way for our athletes to have access to a relatively affordable Sports Physical.

We are excited about this opportunity and hope that you will share with your families and athletes.

Polar Bear Plunge Website is now live! Fundraise for your areas starting today!

The Polar Bear Plunge website is now live: www.plungemd.com

Any teams registered with an area will be entitled to a 70%/30% split after expenses. Don't miss out on this great opportunity to fundraise for your local program. Last year our teams raised over \$20,000 for their counties, and we'd like to continue that success in 2020.

Reach out to Jessie Hayes with any questions: jhayes@somd.org

(UPDATED) Pre-Season and Pre-Competition Webinars

The dates and time for Pre-Season and Pre-Competition webinars have been set for the upcoming seasons. Please share this info with your coaches and sports volunteers.

Pre-Season Coaches Webinars

Sport	Date/Time	Registration / Recording Link
Bowling	Thu 8/15	Recording: https://youtu.be/jHpCSUQIDd8
Alpine Skiing	Tue 11/26	Recording: https://youtu.be/GFBtpPzv-tQ
Snowshoeing	Tue 11/21	Recording: https://www.youtube.com/watch?v=yvEiWDDyOf8&t=5s
Basketball	Wed 12/04	Recording: https://youtu.be/3z4aQpfM1-k

Pre-Competition Coaches Webinars

Sport	Date/Time	Registration / Recording Link
Bowling – Families	Wed 10/30	Recording: https://youtu.be/yvOjmqWvHH8
Bowling - Championship	Tue 12/03	Recording: https://www.youtube.com/watch?v=gqVWLuyvgKI
Alpine Skiing	Mon 02/17 7:00 p.m.	https://attendee.gotowebinar.com/register/1466357488678712845
Snowshoeing	Thu 02/13 7:00 p.m.	https://somd.zoom.us/meeting/register/dcfe4428d9436dea4ac87b605f06faf5
Basketball	Tue 03/24 7:00 p.m.	https://attendee.gotowebinar.com/register/285561165198905611

Community Sports Registration Deadlines For Most of 2020

Registration Deadlines for community sports through most of 2020 have been set and are incorporated into the Sports Calendar included with this email. They are summarized below for your convenience as well.

Event	Competition Date(s)	Training Registration Deadline (in GMS)**	Last Date To Submit Missing Forms**	Competition Registration Deadline (in GMS)**
Winter Games	2/23-25/2020	1/9/2020	1/20/2020	2/6/2020
Basketball Tournament	3/28 – 29/2020 (Tentative)	1/23/2020	2/3/2020	2/13/2020

2020 Summer Games	6/5-7/2020	4/23/2020	5/4/2020	5/18/2020
Kayaking Time Trials <i>(Required)</i>	08/08/2020 <i>(Tentative)</i>	7/9/2020	7/16/2020	7/30/2020
Kayaking Championships	08/22/2020 <i>Tentative)</i>			
2020 Golf State Championship	9/27/2020 OR 10/4/2020 <i>(Tentative)</i>	8/13/2020	8/20/2020	9/3/2020
2020 Fall Sports Festival	10/17/2020 <i>(Tentative)</i>	8/27/2020	9/10/2020	10/1/2020
2020 State Soccer Championships	10/25/2020 OR 11/1/2020 <i>(Tentative)</i>	8/27/2020	9/10/2020	10/1/2020

Sports Directors – Assigned Sports

If you have questions regarding a specific sport, coach education, or competition, please work with the corresponding Sport Director.

- **Melissa Anger, Sports Director**
 - manger@somd.org, 410.242.1515 x122
 - Basketball
 - Cheerleading
 - Flag Football
 - Soccer
 - Softball
 - Tennis
 - Locally Popular Sports: Cross Country Skiing, Duckpin Bowling
- **Zach Cintron, Sports Director**
 - zcintron@somd.org, 410.242.1515 x161
 - Bowling (10 pin)
 - Cycling
 - Kayaking
 - Snowshoeing
 - Swimming
 - Locally Popular Sports: Figure Skating, Sailing, Short Track Speed Skating, Volleyball
- **Ryan Kelchner Sports Director**
 - rkelchner@somd.org, 410-242-1515 x171
 - Alpine Skiing
 - Athletics
 - Bocce
 - Distance Running
 - Golf
 - Powerlifting
 - Locally Popular Sports: Dance, Equestrian Sports, Floor Hockey

Questions?

If You Have Any Questions on Any Other Non-Sports-Related Issues, please contact a member of the Local Program Team

- **Jeff Abel, Vice President. Local Program Development**

- jabel@somd.org, 410-242-1515 ex. 121
- Any general question

- ***Claire Huston, Development Services Manager***
 - chuston@somd.org, 410-242-1515 ex. 145
 - All Local Program Fundraising

- ***Pat Cullinan, Northern Chesapeake Region Director***
 - pcullinan@somd.org, 410-242-1515
 - Harford, Cecil, and Kent Counties

- ***Mike Myers, Baltimore Region Director***
 - mmyers@somd.org, 410-242-1515
 - Baltimore County and City

- ***Ron Freeman, Baltimore City Coordinator***
 - rfreeman@somd.org, 410.598.1027
 - Baltimore City Public Schools, Baltimore City Rec and Parks

- ***Tyler Martin, Western Region Coordinator***
 - tmartin@somd.org, 717-321-3642
 - Frederick, Washington, Allegany, Garrett Counties